

<u>Premises Name</u>	<u>LOCATION</u>	<u>Real Ale Guide</u>	<u>Website</u>
18-20 CELLAR BAR & DINING (Previously SWEENEYS BAR)	Keswick	Keswick	www.lakedistrictinns.co.uk
ALBERT HOTEL	St Bees	A595 Hensingham to Gosforth	www.alberthotel-stbees.co.uk
ALLERDALE COURT HOTEL	Cockermouth	Cockermouth	www.allerdalecourthotel.co.uk
ANCHOR VAULTS	Whitehaven	Whitehaven	<i>No website currently</i>
BANK TAVERN	Keswick	Keswick	www.banktavern.co.uk
BAR ES	Keswick	Keswick	www.esbarkeswick.co.uk
BARN BISTRO	Gilcrux	Bordering Cockermouth	www.barnbistro.co.uk
BARRA JACKS	Whitehaven	Whitehaven	<i>No website currently</i>
BITTER END	Cockermouth	Cockermouth	www.bitterend.co.uk
BLACKBECK INN	Beckermet, Blackbeck	A595 Hensingham to Gosforth	www.blackbeck.co.uk
BLUE BELL	Workington	Workington Area	<i>No website currently</i>
BOOT INN	Boot	A595 Holmrook to Waberthwaite	www.thebooteskdale.co.uk
BORROWDALE HOTEL	Borrowdale	Outer Keswick	www.theborrowdalehotel.co.uk
BOWER HOUSE INN	Eskdale Green	A595 Holmrook to Waberthwaite	www.bowerhouseinn.com
BRANSTY ARCH	Whitehaven	Whitehaven	www.idwetherspoon.co.uk
BREWERS FAYRE	Cockermouth	Cockermouth	www.brewersfayre.co.uk/
BRIDGE HOTEL	Buttermere	Bordering Cockermouth	www.bridge-hotel.com
BRIDGE INN	Santon Bridge	A595 Holmrook to Waberthwaite	www.santonbridgeinn.co.uk
BROOK	Cleator	A5086 Rowrah to Egremont & Ennerdale	<i>No website currently</i>
BROOK HOUSE INN	Boot	A595 Holmrook to Waberthwaite	www.brookhouseinn.co.uk
BROUGHTON CRAGGS HOTEL	Great Broughton	Bordering Cockermouth	www.broughtoncraggs.co.uk
BROWN COW	Cockermouth	Cockermouth	<i>No website currently</i>
BROWN COW	Waberthwaite	A595 Holmrook to Waberthwaite	www.thebrowncowinn.com
BUSH INN	Cockermouth	Cockermouth	www.bushinncockermouth.co.uk
BUSH INN	Tallentire	Bordering Cockermouth	<i>No website currently</i>
CALDER HOUSE HOTEL	Seascale	A595 Holmrook to Waberthwaite	www.calderhouse.com
CANDLESTICK	Whitehaven	Whitehaven	<i>No website currently</i>
CAPTAIN NELSON TAVERN	Maryport	Maryport, Aspatria and Solway Coast	<i>No website currently</i>
CASTLE BAR	Cockermouth	Cockermouth	www.cockermouth.org.uk/castlebar
CASTLE INN TAVERN (Previously LAKERS BAR)	Bassenthwaite	Bordering Cockermouth	www.castleinncumbria.co.uk
CHASE HOTEL	Whitehaven	Whitehaven	www.chasewhitehaven.co.uk
CHIEF JUSTICE OF THE COMMON PLEAS	Keswick	Keswick	www.idwetherspoon.com/
COLEDALE INN	Braithwaite	Outer Keswick	www.coledale-inn.co.uk
COMMERCIAL	Dearham	Maryport, Aspatria and Solway Coast	<i>No website currently</i>
COMMERCIAL INN	Workington	Workington Area	<i>No website currently</i>
CONSERVATIVE CLUB	Cockermouth	Cockermouth	<i>No website currently</i>
CONSERVATIVE CLUB	Workington	Workington Area	<i>No website currently</i>
CROWN	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	<i>No website currently</i>
DISTRESSED SAILOR	Hensingham	A595 Hensingham to Gosforth	www.distressedsailor.com
DOG & GUN	Keswick	Keswick	www.thedogandgunkeswick.co.uk
DUKE OF CUMBERLAND	Bridgefoot	Workington Area	www.doci.com
EGREMONT RANGERS ARLFC	Egremont	A5086 Rowrah to Egremont & Ennerdale	www.pitchero.com/clubs/egremontangers
EGREMONT RUFC	Egremont	A5086 Rowrah to Egremont & Ennerdale	www.pitchero.com/clubs/egremont

EMBLETON SPA HOTEL	Embleton	Bordering Cockermouth	www.embletonspa.co.uk
ENNERDALE BREWERY TAP	Rowrah	A5086 Rowrah to Egremont & Ennerdale	www.ennerdalebrewery.co.uk
ENNERDALE COUNTRY HOUSE HOTEL	Cleator	A5086 Rowrah to Egremont & Ennerdale	www.bespokehotels.com/ennerdale_hotel
FARMERS ARMS	Portinscale	Outer Keswick	www.farmersarmspub.co.uk
FISH HOTEL	Buttermere	Bordering Cockermouth	www.fishinnbuttermere.co.uk
FLETCHER CHRISTIAN TAVERN	Cockermouth	Cockermouth	No website currently
FOX & HOUNDS INN	Ennerdale Bridge	A5086 Rowrah to Egremont & Ennerdale	www.foxandhoundsinn.org
GALLOPING HORSE	High Harrington	Workington Area	www.thegallopinghorse.co.uk
GEORGE HOTEL	Keswick	Keswick	www.georgehotelkeswick.co.uk
GEORGE IV INN	Eskdale Green	A595 Holmrook to Waberthwaite	www.kinggeorge-eskdale.co.uk
GLARAMARA HOUSE HOTEL	Seatoller	Outer Keswick	www.glaramarahouse.co.uk
GLASS HOUSE	Whitehaven	Whitehaven	www.theglasshouse-whitehaven.co.uk
GLOBE HOTEL	Cockermouth	Cockermouth	No website currently
GLOBE HOTEL	Gosforth	A595 Hensingham to Gosforth	No website currently
GLOBE HOTEL	Hensingham	A595 Hensingham to Gosforth	www.theglobehensingham.co.uk
GOLDEN LION	Maryport	Maryport, Aspatria and Solway Coast	No website currently
GOLDEN LION (Previously MCCARTHYS)	Keswick	Keswick	www.goldenlionkeswick.co.uk
GOSFORTH HALL HOTEL	Gosforth	A595 Hensingham to Gosforth	www.gosforthhall.co.uk
GRAPES	Workington	Workington Area	No website currently
GREEN DRAGON	Workington	Workington Area	www.greendragonhotel.co.uk
GREY GOAT	Baggrow	Maryport, Aspatria and Solway Coast	No website currently
GREYHOUND INN	Bothel	Maryport, Aspatria and Solway Coast	No website currently
HARDKNOTT BAR & CAFÉ (at the Woolpack Inn)	Boot	A595 Holmrook to Waberthwaite	www.woolpack.co.uk
HEIGHTS HOTEL (CRAG BAR)	Keswick	Outer Keswick	www.theheightshotel.co.uk
HENRY BESSEMER	Workington	Workington Area	www.jdwetherspoon.co.uk
HORSE & FARRIER	Threlkeld	Outer Keswick	www.horseandfarrier.com
HOUND	Arlecdon	A5086 Rowrah to Egremont & Ennerdale	www.hound-inn.co.uk
HOWGATE (BREWERS FAYRE)	Whitehaven, Howgate	Whitehaven	www.brewersfayre.co.uk/
HUNDITH HILL HOTEL	Cockermouth	Cockermouth	www.hundith.com
HUNTERS	Cockermouth	Cockermouth	No website currently
INN AT RAVENGLASS	Ravenglass	A595 Holmrook to Waberthwaite	www.theinnatravenglass.co.uk
INN ON THE SQUARE	Keswick	Keswick	www.innonthesquare.co.uk
IRTON HALL	Eskdale Green	A595 Holmrook to Waberthwaite	www.irttonhall.co.uk
JACK'S SURF BAR	Allonby	Maryport, Aspatria and Solway Coast	www.baywatchhotelallonby.co.uk
JOHN PAUL JONES	Whitehaven	Whitehaven	No website currently
KEEKLE INN	Keekle	A5086 Rowrah to Egremont & Ennerdale	No website currently
KELLBANK (Previously HORSE & GROOM)	Gosforth	A595 Hensingham to Gosforth	www.thekellbank.co.uk
KESWICK BREWERY TAP	Keswick	Keswick	www.keswickbrewery.co.uk
KINGFISHER INN	Cockermouth	Cockermouth	No website currently
KINGS ARMS HOTEL & CASAS SPORTS BAR	Keswick	Keswick	www.lakedistricthotels.net/kingsarms
KINGS HEAD	Thirlspot	Outer Keswick	www.lakedistrictinns.co.uk
KIRKSTILE INN	Loweswater	Bordering Cockermouth	www.kirkstile.com
LAKE ROAD INN	Keswick	Keswick	www.lakeroadinn.robinsonsbrewery.com
LAKES BAR & BISTRO	Keswick	Keswick	www.lakesbarbistro.co.uk

LANGSTRATH COUNTRY INN	Stonethwaite	Outer Keswick	www.thelangstrath.com
LEGENDS SPORTS BAR	Keswick	Keswick	No website currently
LETTERS INN	Aspatia	Maryport, Aspatia and Solway Coast	No website currently
LIFEBOAT INN	Maryport	Maryport, Aspatia and Solway Coast	No website currently
LION & LAMB	Gosforth	A595 Hensingham to Gosforth	www.thelionandlamb.co.uk
LODORE FALLS HOTEL	Borrowdale	Outer Keswick	www.lodorefallsotel.co.uk
LOW WOOD HALL HOTEL	Nether Wasdale	A595 Holmrook to Waberthwaite	www.lowwoodhall.co.uk
LOWTHER ARMS	Hensingham	A595 Hensingham to Gosforth	http://lowtherarms.co.uk/index.html
LOWTHER ARMS	Mawbray	Maryport, Aspatia and Solway Coast	www.mawbraypub.co.uk
LOWTHER CLUB (Previously CONSERVATIVE CLUB)	Whitehaven	Whitehaven	No website currently
LUTWIDGE ARMS	Holmrook	A595 Holmrook to Waberthwaite	www.lutwidgearms.co.uk
MAGNOLIA BELGIAN BEER BAR & BISTRO	Keswick	Keswick	www.magnoliabarbistro.co.uk
MANOR	St Bees	A595 Hensingham to Gosforth	www.manorhousestbees.co.uk
MARKET CROSS	Great Clifton	Workington Area	No website currently
MARY MOUNT	Borrowdale	Outer Keswick	www.marymounthotel.co.uk
MASONS ARMS	Gilcrux	Bordering Cockermonth	www.masons-arms-gilcrux.com
MIDDLE RUDDINGS COUNTRY INN	Braithwaite	Outer Keswick	www.middle-ruddings.co.uk
MIDDLE TAP	Maryport	Maryport, Aspatia and Solway Coast	www.middletap.com
MINERS ARMS	Workington	Workington Area	No website currently
NEW COCK & BULL	Cockermouth	Cockermouth	www.thenewcockandbull.co.uk
ODDFELLOWS ARMS	Keswick	Keswick	No website currently
ODDFELLOWS ARMS	St Bees	A595 Hensingham to Gosforth	No website currently
OLD CAPTAINS HOUSE	Bigrigg	A5086 Rowrah to Egremont & Ennerdale	No website currently
OLD GINN HOUSE	Great Clifton	Workington Area	www.oldginthouse.co.uk
OLD POSTING HOUSE	Deanscales	Bordering Cockermonth	www.oldpostinghouse.co.uk
PACK HORSE INN	Keswick	Keswick	www.packhorsekeswick.co.uk
PACKHORSE	Seaton	Workington Area	No website currently
PARKSIDE HOTEL	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	www.theparksidehotel.co.uk
PENNINGTON ARMS	Ravenglass	A595 Holmrook to Waberthwaite	www.penningtonhotel.co.uk
PHEASANT	Bassenthwaite Lake	Bordering Cockermonth	www.the-pheasant.co.uk
PHEASANT INN	Keswick	Outer Keswick	www.pheasantinnkeswick.co.uk
PUNCHBOWL INN	Great Broughton	Bordering Cockermonth	No website currently
PUNCHEON	Whitehaven	Whitehaven	No website currently
QUEENS HOTEL	St Bees	A595 Hensingham to Gosforth	www.marstonpubs.co.uk/queenshotel.cumbria
RATTY ARMS	Ravenglass	A595 Holmrook to Waberthwaite	No website currently
RED LION	Aspatia	Maryport, Aspatia and Solway Coast	No website currently
RICHMOND (CURRENTLY CLOSED)	Hensingham	A595 Hensingham to Gosforth	www.therichmondgrill.co.uk
ROYAL OAK	Beckermet	A595 Hensingham to Gosforth	No website currently
ROYAL OAK	Braithwaite	Outer Keswick	www.royaloak-braithwaite.co.uk
ROYAL OAK	Seaton	Workington Area	No website currently
ROYAL OAK (Previously KESWICK LODGE)	Keswick	Keswick	http://www.thwaites.co.uk/hotels-and-inns/inns/royal-oak-at-keswick/
ROYAL YEW INN	Dean	Bordering Cockermonth	www.theroyaljew.co.uk
RUGBY CLUB	Keswick	Outer Keswick	www.keswickrugby.com
SALLY@THRELKELD (Previously SALUTATION)	Threlkeld	Outer Keswick	www.thesalutation.co.uk

SCAFELL HOTEL	Rosthwaite	Outer Keswick	www.scafell.co.uk
SCREES INN	Nether Wasdale	A595 Holmrook to Waberthwaite	www.thestrandsinn.co.uk
SEACOTE HOTEL	St Bees	A595 Hensingham to Gosforth	www.seacote.com
SETH'S BAR (Previously 1761)	Cockermouth	Cockermouth	No website currently
SHAKERS COCKTAIL & CAFÉ BAR	Whitehaven	Whitehaven	No website currently
SHEPHERDS ARMS HOTEL	Ennerdale Bridge	A5086 Rowrah to Egremont & Ennerdale	www.shepherdsarms.com
SHIP (Previously DOVENBY SHIP)	Dovenby	Bordering Cockermouth	www.thedovenbyship.co.uk
SHIP INN	Allonby	Maryport, Aspatria and Solway Coast	www.theshipallonby.co.uk
SHIPWRIGHTS	Whitehaven	Whitehaven	No website currently
SKIDDAW HOTEL	Keswick	Keswick	www.lakedistricthotels.net/skiddawhotel
SNECKLIFTER	Whitehaven	Whitehaven	No website currently
SPOTTED PIG (Previously BELLE VUE INN)	Cockermouth	Cockermouth	No website currently
SQUARE ORANGE	Keswick	Keswick	www.squareorange.co.uk
STAG INN	Crosby	Maryport, Aspatria and Solway Coast	No website currently
STANLEY ARMS	Calderbridge	A595 Hensingham to Gosforth	www.stanleyarmshotel.com
STORK HOTEL	Rowrah	A5086 Rowrah to Egremont & Ennerdale	www.storkhotel.co.uk
STRANDS HOTEL & BREWERY	Nether Wasdale	A595 Holmrook to Waberthwaite	www.thestrandsinn.co.uk
SUN INN	Bassenthwaite Village	Bordering Cockermouth	www.suninnlakes.co.uk
SUN INN	Hensingham	A595 Hensingham to Gosforth	No website currently
SUNNY HILL	Whitehaven	Whitehaven	No website currently
SWAN INN	Cockermouth	Cockermouth	www.swaninncockermouth.com
TAVERN	Whitehaven	Whitehaven	No website currently
THEATRE BY THE LAKE	Keswick	Outer Keswick	www.theatrebythelake.co.uk
THREE TUNS	Whitehaven	Whitehaven	No website currently
TITHE BARN (Previously SHEA'S) (CURRENTLY CLOSED)	Cockermouth	Cockermouth	No website currently
TROUT HOTEL	Cockermouth	Cockermouth	https://trouthotel.co.uk
TWA DOGS INN	Keswick	Outer Keswick	www.twadogs.co.uk
VAGABOND	Whitehaven	Whitehaven	www.thevaqabondwhitehaven.co.uk
VICTORIA HOTEL	Drigg	A595 Holmrook to Waberthwaite	www.thevicatdrigg.co.uk
WAINWRIGHT (Previously FOUR IN HAND)	Keswick	Keswick	www.thewainwright.pub
WASDALE HEAD INN	Wasdale Head	A595 Holmrook to Waberthwaite	www.wasdale.com
WATH BROW HORNETS	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	No website currently
WAVERLEY HOTEL	Whitehaven	Whitehaven	www.thewaverleyhotel.co.uk
WELL	Workington	Workington Area	No website currently
WHEATSHEAF	Egremont	A5086 Rowrah to Egremont & Ennerdale	No website currently
WHEATSHEAF INN	Embleton	Bordering Cockermouth	www.wheatsheafembleton.co.uk
WHEATSHEAF INN	Low Lorton	Bordering Cockermouth	www.wheatsheafinnlorton.co.uk
WHITE HORSE INN	Scales	Outer Keswick	www.thewhitehorse-blencathra.co.uk
WHITE MARE	Beckermeth	A595 Hensingham to Gosforth	www.thewhitemare.co.uk
WHITTINGTON CAT	Whitehaven	Whitehaven	No website currently
WILD DUCK	Branthwaite	Workington Area	No website currently
WORDSWORTH HOTEL (CURRENTLY CLOSED)	Cockermouth	Cockermouth	No website currently
YHA	Borrowdale	Outer Keswick	www.yha.org.uk/hostel/borrowdale

