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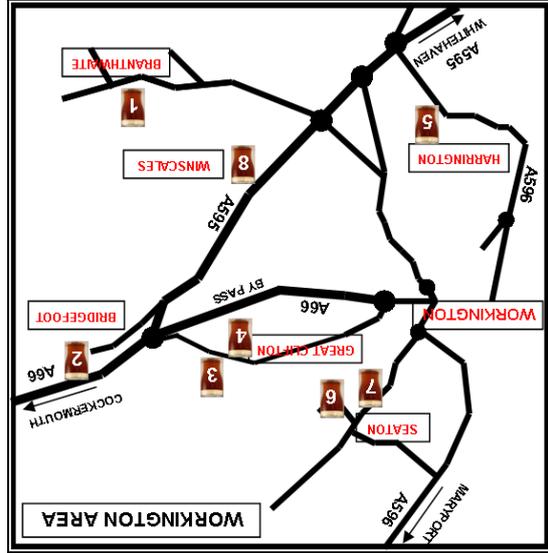
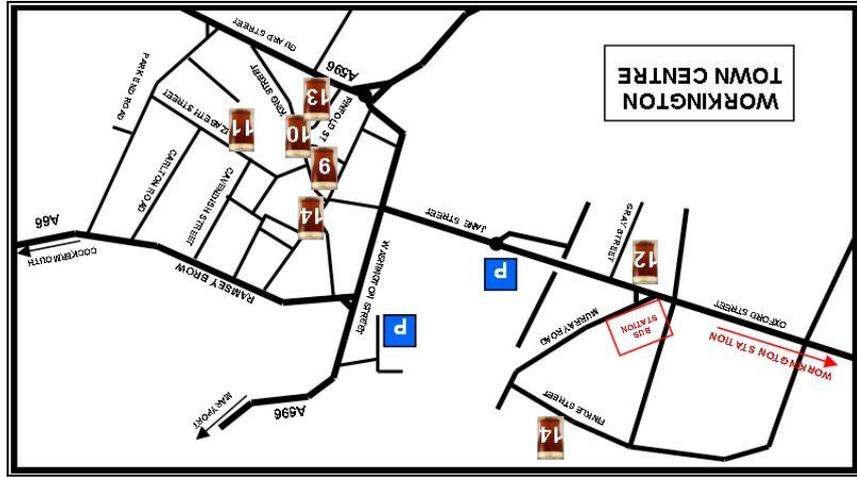
- Over-size lined pint glasses: used for some or all beers.
- WiFi access.
- Dog friendly.
- Premises has its own car park.
- Real draught cider (not keg) available.
- Traditional pub games played.

- Bus routes that regularly pass close to the premises and/or near to a railway station.
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See individual premises facility listings

FACILITIES SYMBOLS

- Quiet premises: free from piped music, jukeboxes, electronic games or TVs (at least one room).
- Family premises: where the licensee guarantees that families are warmly (and legally) welcome and in at least one distinct area of the pub: not just in a corridor or a corner of the main bar or lounge.
- Outdoor drinking area: this may vary from a garden to benches on a pavement or even a village green.
- Accommodation: rooms to let (no assessment of quality or price is made).
- Lunchtime meals: not snacks but substantial fare (including one hot dish) and in the premises itself, not in a separate restaurant.
- Evening meals: as for lunchtime meals; separate restaurants are often mentioned in the premises description.
- Wheelchair access: easy access to the premises and WCs.
- Camping: camping facilities for tents at the premises or within one mile; sometimes caravans are also welcomed and this is often mentioned.



PUBLIC TRANSPORT :

Rail Services :

NORTHERN RAIL service Carlisle to Barrow via Workington, has stops at Whitehaven, Maryport and Aspatria. See www.northernrailway.co.uk/destinations

Bus Services : The town centre bus station is located on Murray Road.

STAGECOACH

- Service 30 - Egremont to Workington and Maryport via Whitehaven
 - Service 31—Frizington and Cleator Moor to Workington and Maryport via Whitehaven
 - Service 46, 46A—Workington to Harrington (Circular)
 - Service 47—Workington to Seaton (Circular)
 - Service 300 and 301—Whitehaven to Carlisle, via Workington and Maryport
 - Service 302—Whitehaven to Aspatria via Workington
 - X4/X5—Workington to Penrith via Cockermouth and Keswick, serves Great Clifton and Bridgefoot
- There is no regular bus service via Branthwaite or Winscales.

CAMRA cannot accept any responsibility for errors or changes. Premises' contact details are shown to enable anyone to check out any facility, opening times or beers available, etc, before travelling to those premises. Visit our website at <http://www.camrawestcumbriaguides.org.uk/index.html> for information on CAMRA and updates. You can also download a current version of this Guide. **WARNING:** Information in this Guide is the copyright of CAMRA and intended for private use only. No other use is permitted. Photographs are copyrighted and donated by their owners. Please do not re-use without our written permission. If you wish to comment or suggest any updates, please email them to Jim Chapple at jimchapple@msn.com. Please note that an (*) asterisk alongside a beer entry for a premises denotes that it is a "house beer" supplied to them by the brewery indicated.

CAMRA in West Cumbria issues awards throughout the year to our premises, recognising continued excellence and meritable achievements. In some cases our pubs go on to compete at county, regional and national level. Many of the premises in this Guide have been recipients of such awards over the years. As an indication we have included details, in the entries, of awards made over the last three years. These are :

- POTS** - Pub of the Season (awarded quarterly to recognise meritable achievement).
- POTY** - Pub of the Year (voted by members to be the best pub in the Branch area).
- CI POTY** - Cider Pub of the Year (voted by members to be the best cider pub in the Branch area).
- COTY** - Club of the Year (voted by members to be the best club in the Branch area).
- CPOTY** - Cumbria Pub of the Year (voted by the members across Cumbria to be the best pub in the county).
- CCOTY** - Cumbria Club of the Year (voted by the members across Cumbria to be the best club in the county).
- BGB** - Good Beer Guide entry (selected by the members to be included in this prestigious national CAMRA publication).

FREE

Workington Area Real Ale Guide

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REAL ALE

Workington is located at the mouth of the River Derwent. Some parts date back to Roman times. In the 18th century the town and port developed with the exploitation of local deposits of iron ore and coal. It was here that Henry Bessemer first introduced his revolutionary steel making process. Sadly steel making ceased in the town in 2006. The town has numerous churches with one site (St Michael's) dating back to the 7th century. Places of interest are Workington Hall dating from the 14th century, home of the Curwen family, and one of Mary Queen of Scots stopping places during her flight. Helena Thompson Museum houses displays of pottery, silver, glass and furniture dating from Georgian times. The remains of Jane Pit, a 19th century coal mine built by Henry Curwen, can be seen at Mossbay. The town is the alternative start of the Sea to Sea cycle route. Workington has its own railway station on the Carlisle to Barrow line. Good bus services link the town with many other West Cumbria towns and villages. **Seaton** is a village to the north of Workington. It was originally a 13th century chartered market town, going on to serve the farming and mining industries. **High Harrington** are south of Workington on the West Cumbrian coast. Prior to its industrialisation Harrington was a quiet seaside village. The harbour was constructed in 1760 by the Curwen family for the purposes of shipping coal. Ship building, rope making, iron and steel making followed. Today, these industries gone, the harbour is a very busy marina. **Branthwaite** means "broom-covered clearing". It sits on a hillside above the River Marron. **Winscales** is home to a Wind Farm. **Bridgefoot** is a village located at the confluence of the River Marron and Lostrigg Beck. **Great Clifton** sits by the River Derwent. In the past it served the mining and agricultural industry. Originally it sat on main road into Workington (A66), but is now bypassed. This Guide has been produced by members of the West Cumbria Branch of CAMRA (The Campaign for Real Ale) to promote the excellent Real Ale premises that we enjoy in the Workington area.

May 2018 Edition

1 WILD DUCK
Branthwaite CA14 4SZ
No website currently 01900 602487



12-2 5-11 (M-Sun)

Varies, up to two changing guests

Good village pub with upstairs room for dining. Popular for meals with an extensive menu. Recently awarded 5* for environmental health. Quiz on Thursday evenings.

2 DUKE OF CUMBERLAND
Bridgefoot CA14 1YF
www.doci.com 01900 606105



Closed (M) 7-11 (Tu-F) 2-12 (Sat) 2-11 (Sun)

KESWICK Gold, plus a changing guest

Extensively modernised, bright, cheerful comfortable free house, with many homely touches. The focal point of the village. Children allowed up to 7.30. Monthly (first Wednesday) quiz and folk night. **POTS 2004 GBG 2017**

3 MARKET CROSS
7 Hunter Bank, Great Clifton CA14 1UD
No website currently 01900 65932



7-11.30 (M, W-F) Closed (Tu) 1-12 (Sat) 1-10.30 (Sun)

JENNINGS Bitter

Over two hundred years old, two roomed village local, with central bar serving both rooms. Full size snooker table in back room. Reputed to have a resident lady ghost. Singing competitions on Monday evenings (February to November).

4 OLD GINN HOUSE
Moor Road, Great Clifton CA14 1TS
www.oldginnhouse.co.uk 01900 64616



10-11.45 (M-Sun)

CONISTON Bluebird Bitter, plus a changing guest

Large roadside hotel. Ginn room is a unique rounded room where horses turned a grindstone crushing crops. Comfortable linked seated areas with pleasant ambience. Children welcome until 9.30 pm.

5 GALLOPING HORSE
High Harrington CA14 4NQ
www.thegallopinghorse.co.uk 01946 328203



12-2 5-11 (M-Th) 12-12 (F&Sat) 12-11 (Sun)

Varies, up to three changing guests

Recently re-opened after major rebuilding and refurbishment. Light and airy Mainly catering for diners. Multi roomed with bars in two rooms, one with "drinker" seating. Bar meals also available.

6 PACKHORSE
10 Low Seaton, Seaton CA14 1PP
No website currently 07834 766166



3-12.30am (M) 4-12.30am (Tu-Th) 2-12.30am (F)
1.30-12.30 am (Sat) 12-11 (Sun)

JENNINGS Cumberland Ale

Originally three 19th century cottages. Well established community pub with a welcoming atmosphere for regulars and visitors. Large beer garden to rear. Contributes to social life of the village with trips and monthly live music sessions.

7 ROYAL OAK
49 Main Road, Seaton CA14 1HU
No website currently 07393 864592



4-11 (M-F) 12-12 (Sat&Sun)

Varies, two changing guests (Heineken list)

A community pub, mainly serving the locals. Front bar with TV and seated drinking area. Rear games room (pool and darts). Wednesday night quiz. Possibility of a second handpump shortly.

8 OILY'S (Previously Oily Johnnies)
Winscales, Workington CA14 4JG
https://oilyspub.co.uk 01900 66655



11.30-11 (M-Sat) 11.00-11 (Sun)

AWAITING SURVEY

Long established public house, with an interesting history. Very popular with diners. Extensive lunchtime and evening menus, using local sourced products. Childrens menu.

9 BLUE BELL
18 King Street, Workington CA14 4DJ
No website currently 01900 602734



2-11 (M-F) 12-12 (Sat&Sun)

Varies, up to two changing guests.

A two roomed town centre "circuit" pub, with a friendly feel. Large TV screen for sports events.

10 GRAPES
Pinfold Street, Workington CA14 4EL
No website currently 07729 846804



12-12 (M) 2-11 (Tu-Th) 12-12 (F-Sun)

SHARPS Doombar, plus a changing guest (usually local)

Basic, friendly locals pub in the older part of town. Families and food served mainly in the area to the rear of the bar.

11 GREEN DRAGON
Portland Square, Workington CA14 4BJ
www.greendragonhotel.co.uk 01900 603803



5-12 (M-Th) 7-12 (F&Sat) Closed (Sun)

CUMBRIAN LEGENDARY ALES Loweswater Gold, plus a changing guest

The oldest inn, in one of the oldest squares in the town. Refurbished without loss of its original character. Single bar with wooden half panelling. Offer accommodation.

12 HENRY BESSEMER
New Oxford Street, Workington CA14 2NX
www.jdwetherspoon.co.uk 01900 734650



8-11 (M-W) 8-12 (Th-Sat) 8-11 (Sun)

GREENE KING Abbot Ale, RUDDLES Best Bitter, YATES Golden Ale, plus up to six changing guests

Large Wetherspoons pub, that was previously a cinema. No music but can be very noisy when busy, particularly at weekends. Good value food served all day. Beer range includes some from Cumbrian breweries. **GBG 2015**

13 MINERS ARMS
11 Guard Street, Workington CA14 4EJ
No website currently 01900 67816



4.30-1.30am (M-Th) 2-1.30am (F) 12-1.30am (Sat&Sun)

Varies, up to two changing guests

Good example of a town centre pub, with two bars. Well supported by the locals. Has two football teams, a darts team and two pool teams. Quiet early part of the week. **POTS 2015**

14 RIFT BAR (Previously Bounty)
44 Finkle Street, Workington CA14 2BB
www.riftbar.co.uk 01900 604000



10-11 (M-Sun)

Real Ale availability intermittent

Expansive premises converted from a carpet shop. Spacious dining area to the front, with bar area to rear. An outdoor area to the side. Pub quiz on Wednesdays. Music on Friday, Saturday and Sunday.

15 SOUL SUITE (Previously Commercial Inn)
5 Market Place, Workington CA14 4AX
No website currently 07446 151291



Closed (M&W) 5-12 (Tu&Th) 12-2am (F&Sat) 12-12 (Sun)

JENNINGS Bitter plus a changing guest (usually local)

Recently extensively refurbished. A Soul and Motown themed pub. Live entertainment Saturday and Sunday.

