

CAMRA cannot accept any responsibility for errors or changes. Premises' contact details are shown to enable anyone to check out any facility, opening times or beers available, etc, before travelling to those premises. Visit our website at <http://www.camrawestcumbriaguides.org.uk/index.html> for information on CAMRA and updates. You can also download a current version of this Guide. **WARNING:** Information in this Guide is the copyright of CAMRA and intended for private use only. No other use is permitted. Photographs are copyrighted and donated by their owners. Please do not re-use without our written permission. If you wish to comment or suggest any updates, please email them to Jim Chapple at [jimchapple@msn.com](mailto:jimchapple@msn.com). Please note that an asterisk alongside a beer entry for a premises denotes that it is a "house beer" supplied to them by the brewery indicated.

- Oversize lined pint glasses: used for some or all beers.
- WiFi access.
- Dog friendly.
- Premises has its own car park.
- Real draught cider (not keg) available.
- Traditional pub games played.
- Bus routes that regularly pass close to the premises and/or is near to a railway station.
- Camping: camping facilities for tents at the premises or within one mile; sometimes caravans are also welcomed and this is often mentioned.
- Wheelchair access: easy access to the premises and WCs.
- Evening meals: as for lunchtime meals; separate restaurants are often mentioned in the premises description.
- Lunchtime meals: not snacks but substantial fare (including one hot dish) and in the premises itself, not in a separate restaurant.
- Accommodation: rooms to let (no assessment of quality or price is made).
- Outdoor drinking area: this may vary from a garden to benches on a pavement or even a village green.
- Family premises: where the licensee guarantees that families are warmly (and legally) welcome and in at least one distinct area of the pub - not just in a corridor or a corner of the main bar or lounge.
- Quiet premises: free from piped music, jukeboxes, electronic games or TVs (at least one room).

See individual premises facility listings  
**FACILITIES SYMBOLS**

**17 QUEENS HOTEL**

St Bees, 130 Main Street CA27 0DE 01946 822287

[www.marstonpubs.co.uk/queenshotel.cumbria](http://www.marstonpubs.co.uk/queenshotel.cumbria)

Opening hours can vary. Please check.



**WYCHWOOD Hobgoblin Gold, plus up to three changing guests (Marstons list)**

Recently re-opened after extensive refurbishing. A 17th century building comprising two bars and a conservatory with extensive gardens and a separate restaurant, Wednesday is curry night. Limited parking.

**18 SEACOTE HOTEL**

St Bees, Beach Road CA27 0ES 01946 822300

[www.seacote.com](http://www.seacote.com)

12-11.30 (M-Sun)



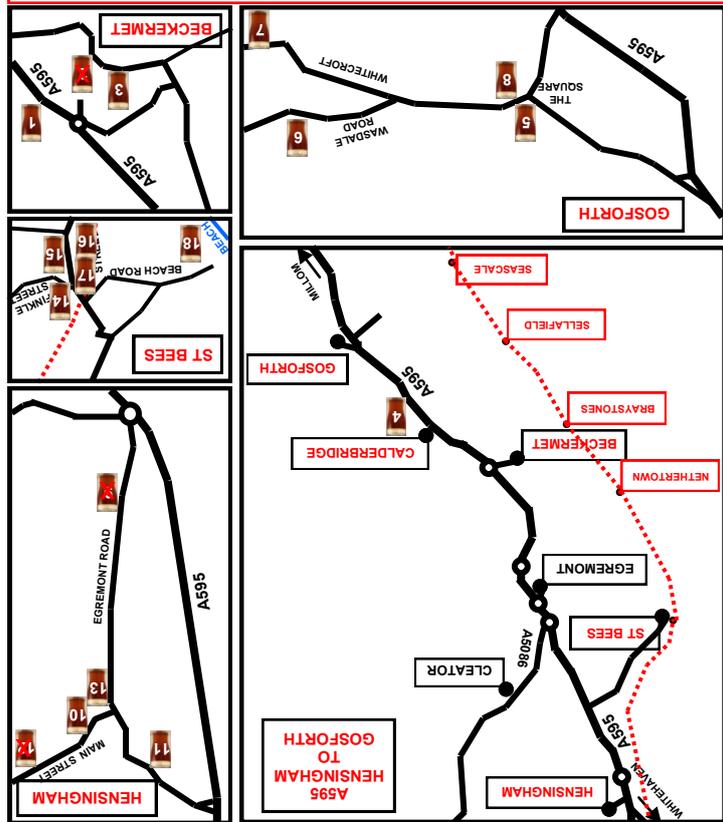
**BLACK SHEEP Bitter, plus a changing guest**

Refurbished holiday hotel. Spacious bars (two) with plenty of seating. Sports bar has TV's, pool, darts board and a gaming machine. Separate restaurant. Extensive outdoor area with views of St Bees Head.

CAMRA in West Cumbria issues awards throughout the year to our premises, recognising continued excellence and meritable achievements. In some cases our pubs go on to compete at county, regional and national level. Many of the premises in this Guide have been recipients of such awards over the years. As an indication we have included details, in the entries, of awards made over the last three years. These are :

- POTS** - Pub of the Season (awarded quarterly to recognise meritable achievement).
- POTY** - Pub of the Year (voted by members to be the best pub in the Branch area).
- CIPOTY** - Cider Pub of the Year (voted by members to be the best cider pub in the Branch area).
- COTY** - Club of the Year (voted by members to be the best club in the Branch area).
- CPOTY** - Cumbria Pub of the Year (voted by the members across Cumbria to be the best pub in the county).
- CCOTY** - Cumbria Club of the Year (voted by the members across Cumbria to be the best club in the county).
- GBG** - Good Beer Guide entry (selected by the members to be included in this prestigious national CAMRA publication).

**Public Transport**  
Bus service 20 - Whitehaven to Hensingham  
There are no bus services to St Bees, Beckermat, Calderbridge and Gosforth.  
Rail services - Cumbria Coast Line (<https://northernrailway.co.uk>)  
Has stops at Whitehaven, St. Bees, Braystones, Sellafield and Seascale  
Beckermat is 1.7 miles from Braystones Station  
Calderbridge is 3.3 miles from Braystones Station and 3 miles from Sellafield Station



**FREE**

**A595 Hensingham to Gosforth**  
(including Beckermat, St. Bees & Calderbridge)  
**Real Ale Guide**



**Beckermat** means the meeting of two becks and sits in rolling grasslands by Black Beck and Kirk Beck. St Bridget's church is thought to have been built on the site of a 7th century monastic house. St John's church was built in the late 19th century and is listed. It houses the remains of a former Norman church, and several cross-slabs and fragments of Anglo-Danish crosses. **Calderbridge** has three splendid houses. Calder Abbey House is attached to the ruins of Calder Abbey and listed Grade I, Pelham House is 18th century and listed Grade II, Sella Park has a 14th century pele tower incorporated into a 17th century house with 19th century restorations. The Abbey was founded in 1134, originally as a Benedictine monastery, while described as "one of the most enchanting abbeys in the British Isles". **Gosforth** is at the entrance to both the Wasdale and Eskdale valleys. Many buildings date to the 17th century. A red sandstone cross, thought to be Viking, is located in St Mary's church yard. At 14ft high, it is the tallest ancient cross in England. Inscriptions indicate pagan and Christian symbolism, showing the transition in beliefs. **Hensingham**, once a large village on its own, is now in reality a suburb of Whitehaven. Situated high above the town it overlooks the town and harbour. In the early 19th century work was supplied by the thread industry and nearby limestone quarry. The principal landowner was the Earl of Lonsdale. Built in the Gothic style in 1911-13 the red sandstone, rock-faced chapel of St John has a tower with eight bells. The church continues to be active as does regular bell ringing. **St Bees** is a village on the Western coast at the end of a long valley. It is the start of the "Coast to Coast" walk. St Bees School was founded in 1583. At the northern end of its sandy beach, making it a popular holiday resort, is St Bees Head. Its RSPB nature reserve is home to England's only colony of Black Guillemots. This Guide has been produced by members of the West Cumbria Branch of CAMRA (The Campaign for Real Ale) to promote the excellent Real Ale premises that we enjoy in West Cumbria.

**1 BLACKBECK HOTEL**  
Beckermet, Blackbeck CA22 2NY 01946 841661  
www.blackbeck.co.uk



5-11 (M-Sat) 12-10.30 (Sun) Hours to be checked.  
BLACBECK Belle, Trial Run

Well-appointed roadside hotel. Originally a small farm, now much extended, but retaining much of its past character. Home of Blackbeck Brewery. Family history of fairgrounds. Other Blackbeck bottle-conditioned beers available. Q 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**2 ROYAL OAK**  
Beckermet, Nursery Road CA21 2XB 01946 841666  
No website currently



5-12 (M-F) 11-12 (Sat) 12-17 (Sun)  
ENNERDALE Blonde

Recently re-opened. Typical Cumbrian village pub, comprising a small front lounge, cosy inner snug, and bar with open fire and spacious restaurant. Popular for food, particularly Sunday lunches. Beer garden planned. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**3 WHITE MARE**  
Beckermet, Morass Road CA21 2XS 01946 841246  
www.thewhitemarehotel.co.uk



11.45-11 (-Th) 11.45-12 (F-Sun)  
CALEDONIAN White Mare\*, plus up to two changing guests

Re-opened and refurbished country house hotel. Saloon bar for TV Sports, lounge bar for meals and dogs. Restaurant for more formal dining and weddings. Increasingly popular with Coast to Coast cyclists. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**4 STANLEY ARMS**  
Calderbridge (On A595) CA20 1DN 01946 841235  
www.stanleyarmshotel.com



12-11.30 (M-Sun)  
Varies, up to four changing guests

Small village hotel, just inside Lake District National Park. Superb beer garden alongside River Calder, with fishing rights. Hearty meals in bar and separate restaurant. Riverside walk to ruins of 12th century Calder Abbey. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**5 GLOBE INN**  
Gosforth, The Square CA20 1AL 019467 25548  
No website currently



12-10 (M-Sun)  
Varies, up to three changing guests

Large, unpretentious pub. Has accommodation and lunchtime and evening meals. Real fire in the winter months. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**6 GOSFORTH HALL INN**  
Gosforth, Wasdale Road CA20 1AZ 019467 25322  
www.gosforthhall.co.uk



3-12 (M-Sun)  
Up to four changing guests

Former 17th century Grade II listed farmhouse. Boasts a priests hole, spiral staircase, and widest single span sandstone hearth in Britain. Noted for Rod's pies. Landscaped sheltered beer garden. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**7 KELLBANK**  
Gosforth, Whitecroft CA20 1JA 019467 25254  
www.thekellbank.co.uk



11-11 (M-Sat) 12-10.30 (Sun)  
Varies, up to three changing guests

Comfortable village local. An old coaching inn with a mounting block. Modern bar and furnishings. Separate restaurant and upstairs function suite. A pool table and darts board upstairs. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**8 LION & LAMB**  
Gosforth, The Square CA20 1AL 019467 58422  
www.thelionthelamb.co.uk



3-11.30 (M-Th) 12-12 (F-Sun)  
CUMBRIAN LEGENDARY ALES Loweswater Gold, plus up to two changing guests

Recently refurbished and extended, now a modern Sports Style bar. Popular with the younger set, busy at weekends. Has a breath alcohol tester! Extensive eat-in menu, plus takeaway options. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**9 DISTRESSED SAILOR**  
Hensingham, Egremont Road CA28 8NH 01946 65170  
www.distressedsailor.com



Closed (M&Tu) 12-11 (W-Sun)  
Varies, up to two changing ENNERDALE beers

Completely refurbished in modern style. Operates as a specialist seafood and grill bar restaurant. Bistro afternoon menu. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**10 GLOBE INN**  
Hensingham, 95 Main Street CA28 8QX 01946 590772  
www.theglobehensingham.co.uk



Closed (M) 2-11 (Tu-F) 12-11 (Sat&Sun)  
Varies, up to two changing guests

Homely community pub. Smallish bar with upstairs dining/function room. Home cooked food Saturdays and Sundays. Specialises in gluten-free. Juke box, quiz machine and large screen TV. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**11 LOWTHER ARMS**  
Hensingham, 18 Ribton Moorside CA28 8PU 01946 695888  
www.lowtherarms.co.uk



Closed (M) 12-2 6-11 (Tu-Th) 12-12 (Sat) 12-10.30 (Sun) \*\*  
CUMBRIAN LEGENDARY ALES Loweswater Gold, plus a changing guest

Reopened March 2017. New management. Large open area, bar to one end with seated "drinkers space". Pool and games tables. Elevated lounge and restaurant. Separate area with TV screen for sports. (\*\* differ from website) 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**12 RICHMOND**  
Hensingham, Main Street CA28 8TJ 01946 693866  
www.therichmondgrill.co.uk



12-10 (M) 12-9 (Tu) 3-10 (W) 12-11 (Th-Sun)  
A YATES, plus a changing guest

Recently refurbished, large estate pub, reopened as a bar/bistro. Popular for food. Sunday "all you can eat meat" lunches very popular. Heated outdoor patio area. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**13 SUN INN**  
Hensingham, 101 Main Street CA28 8QD 01946 695149  
No website currently



12-11 (M-Sat) 12-10.30 (Sun)  
JENNINGS Bitter

Popular locals' pub with a lounge/games room and a public bar. Friendly and welcoming. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**14 ALBERT HOTEL**  
St Bees, 1 Finkle Street CA27 0BN 01946 822345  
www.alberthotel-stbees.co.uk



6-12 (M-Th) 12-12 (F-Sun)  
Varies, up to two changing guests

Compact front bar with contemporary décor and furnishings. Rear bar with entrance to sizeable beer garden. Annual beer festival (August) and live music each month (weekend). Runs youngsters' football team. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**15 MANOR**  
St Bees, 11-12 Main Street CA27 0DE 01946 820587  
www.manorhousestbees.co.uk



12-11 (M-Sun)  
Varies, up to four changing guests

Grade I listed, 17th century premises, comprises front bar and sports bar to rear. Popular separate large restaurant. Rear beer garden, front patio. Holds two annual beer festivals (May and September). 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100

**16 ODDFELLOWS ARMS**  
St Bees, 92 Main Street CA27 0AD 01946 822317  
No website currently



6-11 (M-Sat) 12-10.30 (Sun)  
Varies, up to two changing guests (Marstons list)

Community focused pub. Same landlady for 17 years. Monthly steak pie nights (Thursday) and Quiz nights (Tuesday), also folk singing and fundraising events. Patio area to rear. Caters for functions. 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100