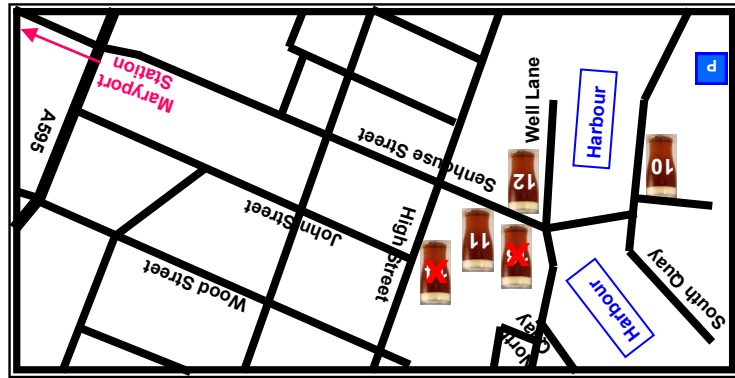
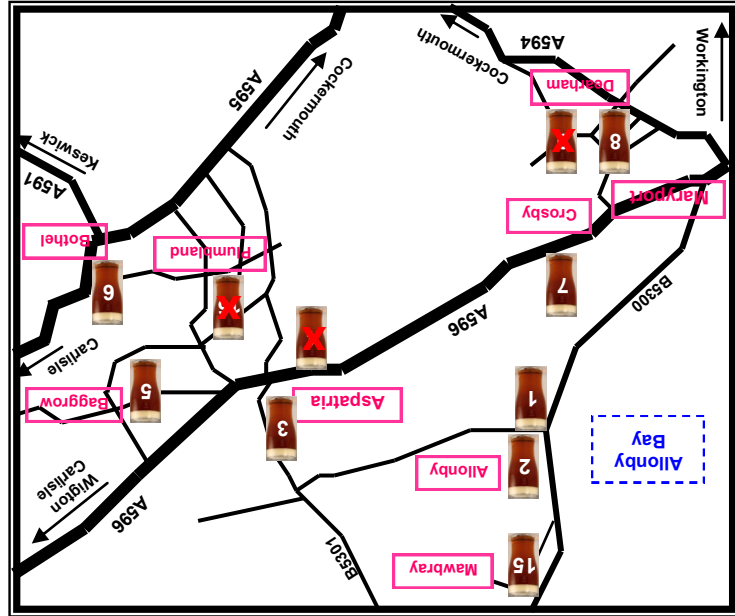


CAMRA cannot accept any responsibility for errors or changes. Premises contact details are shown to enable anyone to check out any facility, opening times or beers available, etc, before travelling to those premises. For information on CAMRA and updates visit our website at <http://www.camrawestcumbriaguides.org.uk/index.html>. You can also download a current version of this Guide. **WARNING:** Information in this Guide is the copyright of CAMRA and intended for private use only. No other use is permitted. Photographs are copyrighted and donated by their owners. Please do not re-use without our written permission. If you wish to comment or suggest any updates, please email them to Jim Chapple at [jimchapple@msn.com](mailto:jimchapple@msn.com). Please note that an (\*) asterisk alongside a beer entry for a premises denotes that it is a "house beer" supplied to them by the brewery indicated.



Maryport Town Centre Map



See [www.cumbria.gov.uk/roads-transport/](http://www.cumbria.gov.uk/roads-transport/)

There are no regular buses serving Bagrow or Plumland.

Service 68B (M-F) (Maryport to Cockermouth) calls at Dearham, Mawbray.

Service 60E (M-Sat) (Maryport to Skinburness) calls at Allonby and

**ELLENVALE**

Whitehaven) calls at Bothel.

Service 554 (Keswick to Carlisle) and 600 (Carlisle to Cockermouth/

Crosby and Aspatria.

Service 300 and 301 (Whitehaven to Carlisle) connects Maryport with

Service 30 and 31 connects Maryport with Workington and Whitehaven.

**STAGECOACH**

**Bus Services:**

Maryport and Aspatria. See [www.northernrailway.co.uk/destinations](http://www.northernrailway.co.uk/destinations)

**Rail Services:**

**NORTHERN RAIL** service Carlisle to Barrow via Whitehaven, has stops at

**FACILITIES SYMBOLS**

- Quiet premises: free from piped music, jukeboxes, electronic games or TVs (at least one room).
- Family premises: where the licensee guarantees that families are warmly (and legally) welcome and in at least one distinct area of the premises : not just in a corridor or a corner of the main bar or lounge.
- Outdoor drinking area: this may vary from a garden to benches on a pavement or even a village green.
- Accommodation: rooms to let (no assessment of quality or price is made).
- Lunchtime meals: not snacks but substantial fare (including one hot dish) and in the premises itself, not in a separate restaurant.
- Evening meals: as for lunchtime meals; separate restaurants are often mentioned in the premises description.
- Wheelchair access: easy access to the premises and WCs.
- Camping: camping facilities for tents at the premises or within one mile; sometimes caravans are also welcomed and this is often mentioned.
- Bus routes that regularly pass close to the premises.
- Traditional pub games played.
- Real draught cider (not keg) available.
- Premises has its own car park.
- Dog friendly.
- WiFi access.
- Oversize lined pint glasses: used for some or all beers.

**LOCAP** These premises have undertaken to ensure they offer at least one truly locally brewed (no more than 20 miles from the brewery) Real Ale.

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**FREE**

**Maryport, Aspatria & Solway Coast Real Ale Guide**



The historic town and port of **Maryport** is located on the Solway Coast, It was the creation of the Senhouse family in the 18th century, who developed the small fishing village and harbour into a coal port. It has an aquarium, maritime museum, Roman museum and The Wave Arts and Sports centre. It was a planned town with terraces of cottages built on a grid system, with employment centering on coal mining and ship building. The history of the town can be explored at the Maritime Museum, the Senhouse Roman Museum, and in the harbour area. The Lake District Coast Aquarium is on the harbour. The Wave Maryport is an entertainment, conference, and community centre in the heart of Maryport's historic harbour area. **Aspatria**, [the place of St Patrick's ash tree], is a small town in the north west of Cumbria, between Maryport and Wigton. There has been a settlement here for over 3000 years, and it lies on the route of a busy Roman road. The town is best known for its church of St Kentigern. An avenue of yew trees leads to the site where a Norman church once stood. It was demolished to build the larger stone St Kentigern, in 1846-48 in the Early English style. **Mawbray** means 'maiden's castle or stronghold' and refers to the existence of an old Roman fort. Indeed, the Roman fort of Bibra, between Mawbray and Beckfoot, was excavated in 1879. **Allonby** is a small village between Maryport and Silloth, in a designated Area of Outstanding Beauty. It has a long sandy beach, with fine views across the Solway Estuary to the mountains of Southern Scotland. **Crosby** is a small village straddling the A596 east of Maryport..The Church of St Mungo in Dearham was probably built in the early 12th Century, on a site where Christian worship has taken place since before the Norman conquest. Evidence of Vikings can be found at St Cuthbert's, **Plumland**. **Bagrow** is a small village joined to Blennerhasset by an attractive bridge over the River Ellen. **Bothel** is a small village situated alongside the A596 close to its junction with the A591. This Guide has been produced by members of the West Cumbria Branch of CAMRA (The Campaign for Real Ale) to promote the excellent real ale premises that we enjoy in our branch area.

