

<u>Premises Name</u>	<u>LOCATION</u>	<u>Real Ale Guide</u>	<u>Website</u>
18-20 CELLAR BAR & DINING	Keswick	Keswick	www.lakedistrictinns.co.uk
ALBERT HOTEL	St Bees	A595 Hensingham to Gosforth	www.alberthotel-stbees.co.uk
ALLERDALE COURT HOTEL	Cockermouth	Cockermouth	www.allerdalecourthotel.co.uk
ANCHOR VAULTS	Whitehaven	Whitehaven	<i>No website currently</i>
BANK TAVERN	Keswick	Keswick	www.banktavern.co.uk
BAR ES	Keswick	Keswick	www.esbarkeswick.co.uk
BARN BISTRO	Gilcrux	Bordering Cockermouth	www.barnbistro.co.uk
BARRA JACKS	Whitehaven	Whitehaven	<i>No website currently</i>
BEER AND GIN IT	Whitehaven	Whitehaven	<i>No website currently</i>
BELLE VUE INN	Cockermouth	Cockermouth	www.thebellevuepapcastle.co.uk
BITTER END	Cockermouth	Cockermouth	www.bitterend.co.uk
BLACKBECK INN	Beckermet, Blackbeck	A595 Hensingham to Gosforth	www.blackbeck.co.uk
BLUE BELL	Workington	Workington Area	<i>No website currently</i>
BOOT INN	Boot	A595 Holmrook to Waberthwaite	www.thebooteskdale.co.uk
BORROWDALE HOTEL	Borrowdale	Outer Keswick	www.theborrowdalehotel.co.uk
BOWER HOUSE INN	Eskdale Green	A595 Holmrook to Waberthwaite	www.bowerhouseinn.com
BRANSTY ARCH	Whitehaven	Whitehaven	www.jdwetherspoon.co.uk
BREWERS FAYRE	Cockermouth	Cockermouth	www.brewersfayre.co.uk/
BRIDGE HOTEL	Buttermere	Bordering Cockermouth	www.bridge-hotel.com
BRIDGE INN	Santon Bridge	A595 Holmrook to Waberthwaite	www.santonbridgeinn.co.uk
BROOK	Cleator	A5086 Rowrah to Egremont & Ennerdale	<i>No website currently</i>
BROOK HOUSE INN	Boot	A595 Holmrook to Waberthwaite	www.brookhouseinn.co.uk
BROUGHTON CRAGGS HOTEL	Great Broughton	Bordering Cockermouth	www.broughtoncraggs.co.uk
BROWN COW	Cockermouth	Cockermouth	<i>No website currently</i>
BROWN COW	Waberthwaite	A595 Holmrook to Waberthwaite	www.thebrowncowinn.com
BUSH INN	Cockermouth	Cockermouth	www.bushinncockermouth.co.uk
BUSH INN	Tallentire	Bordering Cockermouth	<i>No website currently</i>
CAFE BAR 26	Keswick	Keswick	<i>No website currently</i>
CALDER HOUSE HOTEL	Seascale	A595 Holmrook to Waberthwaite	www.calderhouse.com
CANDLESTICK	Whitehaven	Whitehaven	<i>No website currently</i>
CAPTAIN NELSON TAVERN	Maryport	Maryport, Aspatria and Solway Coast	<i>No website currently</i>
CASAS SPORTS BAR	Keswick	Keswick	www.lakedistricthotels.net/kingsarms
CASTLE BAR	Cockermouth	Cockermouth	www.cockermouth.org.uk/castlebar
CASTLE INN TAVERN	Bassenthwaite	Bordering Cockermouth	www.castleinncumbria.co.uk
CHASE HOTEL	Whitehaven	Whitehaven	www.chasewhitehaven.co.uk
CHIEF JUSTICE OF THE COMMON PLEAS	Keswick	Keswick	www.jdwetherspoon.com/
CLEAVERS	Whitehaven	Whitehaven	<i>No website currently</i>
CLUB DERWENT	Cockermouth	Cockermouth	<i>No website currently</i>
COLEDALE INN	Braithwaite	Outer Keswick	www.coledale-inn.co.uk
COMMERCIAL	Dearham	Maryport, Aspatria and Solway Coast	<i>No website currently</i>
CONSERVATIVE CLUB	Workington	Workington Area	<i>No website currently</i>
CROWN	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	<i>No website currently</i>
DISTRESSED SAILOR (DUE FOR DEMOLITION)	Hensingham	A595 Hensingham to Gosforth	<i>No website currently</i>
DOG & GUN	Keswick	Keswick	www.thedogandqunkeswick.co.uk
DUKE OF CUMBERLAND (CURRENTLY CLOSED)	Bridgefoot	Workington Area	www.doci.com
EGREMONT RANGERS ARLFC	Egremont	A5086 Rowrah to Egremont & Ennerdale	www.pitchero.com/clubs/egremontangers
EGREMONT RUFC	Egremont	A5086 Rowrah to Egremont & Ennerdale	www.pitchero.com/clubs/egremont
EMBLETON SPA HOTEL	Embleton	Bordering Cockermouth	www.embletonspa.co.uk

ENNERDALE BREWERY TAP	Rowrah	A5086 Rowrah to Egremont & Ennerdale	www.ennerdalebrewery.co.uk
ENNERDALE COUNTRY HOUSE HOTEL	Cleator	A5086 Rowrah to Egremont & Ennerdale	www.bespokehotels.com/ennerdale-hotel
FARMERS ARMS	Portinscale	Outer Keswick	www.farmersarmspub.co.uk
FISH HOTEL	Buttermere	Bordering Cockermouth	www.fishinbuttermere.co.uk
FLETCHER CHRISTIAN TAVERN	Cockermouth	Cockermouth	No website currently
FLYING FOX BAR (KESWICK BREWERY)	Keswick	Keswick	www.keswickbrewery.co.uk
FOX & HOUNDS INN	Ennerdale Bridge	A5086 Rowrah to Egremont & Ennerdale	www.foxandhoundsinn.org
GALLOPING HORSE	High Harrington	Workington Area	www.thegallopinghorse.co.uk
GEORGE HOTEL	Keswick	Keswick	www.georgehotelkeswick.co.uk
GEORGE IV INN	Eskdale Green	A595 Holmrook to Waberthwaite	www.kinggeorge-eskdale.co.uk
GLARAMARA HOTEL	Seatoller	Outer Keswick	www.glaramarahouse.co.uk
GLASS HOUSE	Whitehaven	Whitehaven	www.theglasshouse-whitehaven.co.uk
GLOBE HOTEL	Cockermouth	Cockermouth	No website currently
GLOBE HOTEL	Gosforth	A595 Hensingham to Gosforth	No website currently
GLOBE HOTEL	Hensingham	A595 Hensingham to Gosforth	www.theglobehensingham.co.uk
GOLDEN LION	Keswick	Keswick	www.goldenlionkeswick.co.uk
GOLDEN LION	Maryport	Maryport, Aspatria and Solway Coast	No website currently
GOSFORTH HALL HOTEL	Gosforth	A595 Hensingham to Gosforth	www.gosforthhall.co.uk
GRAPES (NO REAL ALE CURRENTLY)	Workington	Workington Area	No website currently
GREEN DRAGON	Workington	Workington Area	www.greendragonhotel.co.uk
GREY GOAT	Baggrow	Maryport, Aspatria and Solway Coast	No website currently
GREYHOUND INN	Bothel	Maryport, Aspatria and Solway Coast	No website currently
HARDKNOTT BAR & CAFÉ (at the Woolpack Inn)	Boot	A595 Holmrook to Waberthwaite	www.woolpack.co.uk
HEIGHTS HOTEL (CRAG BAR)	Keswick	Outer Keswick	www.theheightshotel.co.uk
HENRY BESSEMER	Workington	Workington Area	www.jdwetherspoon.co.uk
HORSE & FARRIER	Threlkeld	Outer Keswick	www.horseandfarrier.com
HOUND	Arlecdon	A5086 Rowrah to Egremont & Ennerdale	www.hound-inn.co.uk
HOWGATE (BREWERS FAYRE)	Whitehaven, Howgate	Whitehaven	www.brewersfayre.co.uk/
HUNDITH HILL HOTEL	Cockermouth	Cockermouth	www.hundith.com
HUNTERS	Cockermouth	Cockermouth	No website currently
INN AT RAVENGLASS	Ravenglass	A595 Holmrook to Waberthwaite	www.theinnatravenglass.co.uk
INN ON THE SQUARE (BACK BAR)	Keswick	Keswick	www.innonthesquare.co.uk
INN ON THE SQUARE (FRONT BAR)	Keswick	Keswick	www.innonthesquare.co.uk
IRISH BAR (BILLY MCGRADY'S) (DUE TO RE-OPEN)	Whitehaven	Whitehaven	No website currently
IRTON HALL	Eskdale Green	A595 Holmrook to Waberthwaite	www.irtontall.co.uk
JACK'S SURF BAR	Allonby	Maryport, Aspatria and Solway Coast	www.baywatchhotellallonby.co.uk
JOHN PAUL JONES (CURRENTLY CLOSED)	Whitehaven	Whitehaven	No website currently
KEEKLE INN	Keekle	A5086 Rowrah to Egremont & Ennerdale	No website currently
KELLBANK	Gosforth	A595 Hensingham to Gosforth	www.thekellbank.co.uk
KESWICK PARK HOTEL	Keswick	Keswick	www.keswickparkhotel.co.uk
KESWICK RUGBY CLUB	Keswick	Outer Keswick	www.keswickrugby.com
KINGFISHER INN (CURRENTLY CLOSED)	Cockermouth	Cockermouth	No website currently
KINGS ARMS HOTEL	Keswick	Keswick	www.lakedistricthotels.net/kingsarms
KINGS HEAD	Thirlspot	Outer Keswick	www.lakedistrictinns.co.uk
KIRKSTILE INN	Loweswater	Bordering Cockermouth	www.kirkstile.com
LAKE ROAD INN	Keswick	Keswick	www.lakeroadinn.robinsonsbrewery.com
LAKES BAR & BISTRO	Keswick	Keswick	www.lakesbarbistro.co.uk
LANGSTRATH COUNTRY INN	Stonethwaite	Outer Keswick	www.thelangstrath.com
LAST MAN INN	Plumbland	Maryport, Aspatria and Solway Coast	No website currently

LEGENDS SPORTS BAR	Keswick	Keswick	No website currently
LETTERS INN	Aspatria	Maryport, Aspatria and Solway Coast	No website currently
LIFEBOAT INN	Maryport	Maryport, Aspatria and Solway Coast	No website currently
LION & LAMB	Gosforth	A595 Hensingham to Gosforth	www.thelionandlamb.co.uk
LODORE FALLS HOTEL	Borrowdale	Outer Keswick	www.lodorefallshotel.co.uk
LOW WOOD HALL HOTEL	Nether Wasdale	A595 Holmrook to Waberthwaite	www.lowwoodhall.co.uk
LOWTHER ARMS	Hensingham	A595 Hensingham to Gosforth	http://lowtherarms.co.uk/index.html
LOWTHER ARMS (CURRENTLY CLOSED)	Mawbray	Maryport, Aspatria and Solway Coast	www.mawbraypub.co.uk
LOWTHER CLUB	Whitehaven	Whitehaven	No website currently
LUTWIDGE ARMS	Holmrook	A595 Holmrook to Waberthwaite	www.lutwidgearms.co.uk
MAGNOLIA BELGIAN BEER BAR & BISTRO	Keswick	Keswick	www.magnoliabarbistro.co.uk
MANOR	St Bees	A595 Hensingham to Gosforth	www.manorhousestbees.co.uk
MARKET CROSS	Great Clifton	Workington Area	No website currently
MARY MOUNT	Borrowdale	Outer Keswick	www.marymounthotel.co.uk
MASONS ARMS	Gilcrux	Bordering Cockermouth	www.masons-arms-gilcrux.com
MELBREAK COUNTRY HOUSE HOTEL	Great Clifton	Workington Area	www.melbreakhotel.co.uk
MIDDLE RUDDINGS COUNTRY INN	Braithwaite	Outer Keswick	www.middle-ruddings.co.uk
MIDDLE TAP (CURRENTLY CLOSED)	Maryport	Maryport, Aspatria and Solway Coast	www.middletap.com
MINERS ARMS	Workington	Workington Area	No website currently
NEW COCK & BULL	Cockermouth	Cockermouth	www.thenewcockandbull.co.uk
ODDFELLOWS ARMS	Keswick	Keswick	No website currently
ODDFELLOWS ARMS	St Bees	A595 Hensingham to Gosforth	No website currently
OILY'S (Previously OILY JOHNNIES)	Winscales	Workington Area	https://oilyspub.co.uk/
OLD CAPTAINS HOUSE	Bigrigg	A5086 Rowrah to Egremont & Ennerdale	No website currently
OLD GINN HOUSE	Great Clifton	Workington Area	www.oldginthouse.co.uk
OLD MILL INN (NO REAL ALE CURRENTLY)	Dearham (Rowbeck)	Maryport, Aspatria and Solway Coast	www.oldmilledearham.co.uk
OLD POSTING HOUSE	Deanscales	Bordering Cockermouth	www.oldpostinghouse.co.uk
PACK HORSE INN	Keswick	Keswick	www.packhorsekeswick.co.uk
PACKHORSE	Seaton	Workington Area	No website currently
PARKSIDE HOTEL	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	www.theparksidehotel.co.uk
PENNINGTON ARMS	Ravenglass	A595 Holmrook to Waberthwaite	www.penningtonhotel.co.uk
PHEASANT	Bassenthwaite Lake	Bordering Cockermouth	www.the-pheasant.co.uk
PHEASANT INN	Keswick	Outer Keswick	www.pheasantinnkeswick.co.uk
PHOENIX TAP (NO REAL ALE CURRENTLY)	Maryport	Maryport, Aspatria and Solway Coast	www.ambertaverns.co.uk/pub/the-phoenix-tap-maryport/
PUNCHBOWL INN	Great Broughton	Bordering Cockermouth	No website currently
PUNCHEON	Whitehaven	Whitehaven	No website currently
QUEENS HOTEL	St Bees	A595 Hensingham to Gosforth	www.marstonspubs.co.uk/queenshotel.cumbria
RATTY ARMS	Ravenglass	A595 Holmrook to Waberthwaite	No website currently
RED LION (NO REAL ALE CURRENTLY)	Aspatria	Maryport, Aspatria and Solway Coast	No website currently
RICHMOND (CURRENTLY CLOSED)	Hensingham	A595 Hensingham to Gosforth	www.therichmondgrill.co.uk
RIFT BAR (CURRENTLY CLOSED)	Workington	Workington Area	No website currently
ROYAL OAK	Braithwaite	Outer Keswick	www.royaloak-braithwaite.co.uk
ROYAL OAK	Keswick	Keswick	http://www.thwaites.co.uk/hotels-and-inns/inns/royal-oak-at-keswick/
ROYAL OAK	Seaton	Workington Area	No website currently
ROYAL OAK (CURRENTLY CLOSED)	Beckermet	A595 Hensingham to Gosforth	No website currently
ROYAL YEW INN	Dean	Bordering Cockermouth	www.theroyaljew.co.uk
SALLY@THRELKELD	Threlkeld	Outer Keswick	www.thesalutation.co.uk
SCAFELL HOTEL	Rosthwaite	Outer Keswick	www.scafell.co.uk
SCREES INN	Nether Wasdale	A595 Holmrook to Waberthwaite	www.thestrandsinn.co.uk

SEACOTE HOTEL	St Bees	A595 Hensingham to Gosforth	www.seacote.com
SETH'S BAR	Cockermouth	Cockermouth	No website currently
SHAKERS COCKTAIL & CAFÉ BAR	Whitehaven	Whitehaven	No website currently
SHEPHERDS ARMS HOTEL	Ennerdale Bridge	A5086 Rowrah to Egremont & Ennerdale	www.shepherdsarms.com
SHIP (Previously DOVENBY SHIP)	Dovenby	Bordering Cockermouth	www.thedovenbyship.co.uk
SHIP INN	Allonby	Maryport, Aspatria and Solway Coast	www.theshipallonby.co.uk
SHIPWRIGHTS	Whitehaven	Whitehaven	No website currently
SKIDDAW HOTEL	Keswick	Keswick	www.lakedistricthotels.net/skiddawhotel
SNECKLIFTER	Whitehaven	Whitehaven	No website currently
SOUL SUITE	Workington	Workington Area	No website currently
SQUARE ORANGE	Keswick	Keswick	www.squareorange.co.uk
STAG INN	Crosby	Maryport, Aspatria and Solway Coast	No website currently
STANLEY ARMS	Calderbridge	A595 Hensingham to Gosforth	www.stanleyarmshotel.com
STORK HOTEL	Rowrah	A5086 Rowrah to Egremont & Ennerdale	www.storkhotel.co.uk
STRANDS HOTEL & BREWERY	Nether Wasdale	A595 Holmrook to Waberthwaite	www.thestrandsinn.co.uk
SUN INN	Bassenthwaite Village	Bordering Cockermouth	www.suninnlakes.co.uk
SUN INN	Hensingham	A595 Hensingham to Gosforth	No website currently
SUNNY HILL	Whitehaven	Whitehaven	No website currently
SWAN INN	Cockermouth	Cockermouth	www.swaninncockermouth.com
SWINSIDE INN	Newlands	Outer Keswick	www.swinsideinn.co.uk
TAVERN	Whitehaven	Whitehaven	No website currently
THEATRE BY THE LAKE	Keswick	Outer Keswick	www.theatrebythelake.co.uk
THREE TUNS	Whitehaven	Whitehaven	No website currently
TITHE BARN (CURRENTLY CLOSED)	Cockermouth	Cockermouth	No website currently
TROUT HOTEL	Cockermouth	Cockermouth	https://trouthotel.co.uk
TWA DOGS INN	Keswick	Outer Keswick	www.twadogs.co.uk
VAGABOND	Whitehaven	Whitehaven	www.thevagabondwhitehaven.co.uk
VICTORIA HOTEL	Drigg	A595 Holmrook to Waberthwaite	www.thevicatdrigg.co.uk
WAINWRIGHT (Previously FOUR IN HAND)	Keswick	Keswick	www.thewainwright.pub
WASDALE HEAD INN	Wasdale Head	A595 Holmrook to Waberthwaite	www.wasdale.com
WATERFRONT (NO REAL ALE CURRENTY)	Whitehaven	Whitehaven	No website currently
WATH BROW HORNETS	Cleator Moor	A5086 Rowrah to Egremont & Ennerdale	No website currently
WAVERLEY HOTEL	Whitehaven	Whitehaven	www.thewaverleyhotel.co.uk
WHEATSHEAF	Egremont	A5086 Rowrah to Egremont & Ennerdale	No website currently
WHEATSHEAF INN	Low Lorton	Bordering Cockermouth	www.wheatsheafinnlorton.co.uk
WHEATSHEAF INN (CURRENTLY CLOSED)	Embleton	Bordering Cockermouth	www.wheatsheafembelton.co.uk
WHITE HORSE INN	Scales	Outer Keswick	www.thewhitehorse-blencathra.co.uk
WHITE MARE	Beckermet	A595 Hensingham to Gosforth	www.thewhitemare.co.uk
WHITTINGTON CAT	Whitehaven	Whitehaven	No website currently
WILD DUCK	Branthwaite	Workington Area	No website currently
WORDSWORTH HOTEL (CURRENTLY CLOSED)	Cockermouth	Cockermouth	No website currently
YHA (BORROWDALE)	Borrowdale	Outer Keswick	www.yha.org.uk/hostel/borrowdale

